



April 26, 2013

**For Immediate Release**

***On the Go: Transportation Solutions for Older Adults Celebrates 150,000<sup>th</sup> Ride Milestone***

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**San Diego, CA** – *On the Go*: Transportation Solutions for Older Adults, founded in 2008, a division of Charitable Adult Rides & Services, Inc., delivered its 150,000<sup>th</sup> ride to San Carlos resident, Sandra Schneider on Wednesday, April 24, 2013. Schneider, 79, received her most recent ride from Robert (“Bob”) Metz, consumer video industry pioneer and active member of Congregation Beth Israel. Along with his wife, Judy, Bob has been a volunteer driver since 2011. Together they have provided over 200 rides.

“Being a senior myself, I can often empathize with many of my riders,” said Bob. “I feel gratified that I am able to assist them and be part of the Rides & Smiles program. I applaud the efforts of JFS and the *On the Go* staff. Drivers and riders all benefit from their caring and tireless labors.”

*On the Go* has helped Sandra by providing rides to her medical appointments – primarily acupuncture and physical therapy - utilizing volunteer drivers as part of the Rides & Smiles service component of *On the Go*.

“*On the Go* is a wonderful program for senior citizens,” said Sandra. “You’re not just a number, you’re a person. And the drivers are all friendly and just marvelous. They’re so loving and comforting. They truly care about you.”

“It is my sincere pleasure and honor to celebrate this noteworthy occasion,” added Meredith Morgenroth, Director of Transportation for *On the Go*. “As a native San Diegan, I am thrilled to be a part of such a unique program benefitting the community I know and care so much about. Knowing there are people such as Bob and Judy Metz, who generously volunteer their time is

inspirational. Helping an older adult, like Sandra Schneider, to maintain her independence is a truly powerful and moving experience.”

“We’re delighted to celebrate this remarkable milestone with Sandra,” said Brenda Bothel, Divisional Director, Aging & Wellness Services. “We’re honored to have reached this 150,000 rides milestone as part of our continuing commitment to the San Diego community.”

Councilmember Marti Emerald, an ardent supporter of *On the Go* and the College Avenue Center, another program of Jewish Family Service, was in attendance to present a City of San Diego Proclamation in honor of the event.

Rides & Smiles, one of three components of *On the Go: Transportation Solutions for Older Adults*, is an award-winning program that provides transportation for older adults to necessary medical appointments, grocery shopping, and other life necessities in the North County Inland area, as well as Northern and Eastern San Diego. Rides & Smiles is the largest volunteer-based transportation service in San Diego County. Other components of the JFS *On the Go* program include shuttle service, organized excursions, and taxi scrip.

For additional information about *On the Go: Transportation Solutions for Older Adults*, please visit [www.jfssd.org/onthego](http://www.jfssd.org/onthego).

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### **ABOUT *On the Go: Transportation Solutions for Older Adults***

*On the Go: Transportation Solutions for Older Adults* is a division of Charitable Adult Rides & Services, Inc., a subsidiary of Jewish Family Service of San Diego. *On the Go* consists of three service components offering both group and individual transportation. The *On the Go Rides & Smiles®* program provides individual transportation through volunteer drivers for older adults to medical and personal appointments. *On the Go Shuttles* provide group transportation to Jewish Family Service's Social & Wellness Centers, shopping centers, and lunch destinations. *On the Go* also offers exciting organized excursions to locations throughout San Diego County and surrounding areas. For additional information, please contact *On the Go* at [www.jfssd.org/onthego](http://www.jfssd.org/onthego) or call 1-877-634-6537.

### **ABOUT JEWISH FAMILY SERVICE OF SAN DIEGO**

Jewish Family Service was founded in 1918 by a consortium of women’s clubs which sought to address the myriad of human needs of the time. Today, JFS is a comprehensive human service organization with locations throughout San Diego County and the Coachella Valley. From its early grassroots origins, the agency now serves all of San Diego County with more than 50 programs. Its programs and services include: Adoption; Case Management; Counseling; Crisis Services; Family Violence; Jewish Connections; Refugee Resettlement; Older Adult/Senior Services; Parenting, Youth & School-based Services; and Training/Education. Learn more about why JFS is *One Source for a Lifetime of Help* at [www.jfssd.org](http://www.jfssd.org).

