One of the few evidence based parenting programs in the world. Triple P addresses child behavioral and emotional problems by giving parents proven tools and skills to build stronger families.

Developed by Professor Matt Sanders and colleagues at the University of Queensland.

Research ongoing for over 30 years, in the US and abroad. This includes the CDC-funded US trial.

More than 230 evaluation, efficacy and dissemination studies conducted throughout the world proving that Triple P works across cultures, socio-economic groups and family structures.

Ranked by the United Nations as the world’s most extensively researched parenting program.

Triple P has helped approximately 6 million children and their families. It is used in more than 20 countries and in 27 states of the US. It has been translated into 18 languages.

More than 55,000 practitioners have been trained in its delivery. There are more than 5,000 practitioners in the US.

Triple P is typically implemented by government bodies across regions/countries (typically Health, Families, Education).

Subject of two primetime television series in the UK. Driving Mum and Dad Mad followed 10 families as their lives were transformed by Triple P.

Professor Sanders has consulted and advised governments at senior policy levels in Australia, Canada, the UK, Ireland, Switzerland, New Zealand, Hong Kong, Singapore, Japan, Iran, Germany, France, Sweden, Belgium and the Netherlands. He has been a consultant to the World Health Organisation and to the Council of Europe.

Has won numerous national and international awards.