

Jewish Family Service Supply Drive Wish List

Serving Our Survivors

Holocaust survivors are a very important group in our community, and JFS is dedicated to making them feel connected and cherished by the San Diego community. We cannot take away their horrendous memories, but we can ensure that their last years are spent in dignity living in safe and healthy environments. A large number of survivors struggle to live with limited finances and no family in the area. <u>Supply drive items include</u>:

- Toilet paper
- Paper towels
- Instant coffee (Decaf)
- Tea and honey
- Shabbat and memorial candles.

Refugee & Immigration Services

There are more than 21.3 million Refugees worldwide—people who have been forced to leave their own countries, due to persecution. People whose own homes have become a place of fear and danger. People who have seen political upheaval, instability, war, terror, and in some cases have experienced kidnappings, torture, and the murder of loved ones. People who have endured the loss of friends, family, and everything they've ever known. Items for welcome packages include:

- Welcome letters
- Laundry soap and baskets
- Household cleaning supplies
- Diapers, wipes, baby supplies
- Toiletry items, ie: Feminine hygiene products, men & women's razors, lotion, etc.
- School supplies

Hand Up Food Pantry

The *Hand Up* Food Pantry provides food to thousands of San Diegans each year facing hunger, giving them access to the nutrition they need to be good students, healthy workers and engaged members of our community. Not only that, but the Pantry provides case managers who open the door to an array of services that JFS offers. <u>Items that the pantry could use are:</u>

- Diapers
- Kosher tuna
- Dried beans
- Oatmeal
- Rice
- Pasta
- Mac 'n' Cheese
- Non-perishable, non-expired foods



Positive Parenting

The JFS Positive Parenting Program (PPP) provides education, support, and empowerment through free parenting classes to families in San Diego County. Every year, PPP helps 3,000+ children and their families find positive solutions to common childhood behavior issues. The families in this program are low-income, and could use support in securing school supplies for their children. <u>Items needed for these students are:</u>

- Pencil boxes or pouches
- Crayons/Color pencils
- Glue sticks
- Erasers
- Stickers
- Pencils
- Rulers
- Backpacks
- Notebooks
- Calculators
- Binders and binder paper

JFS Fix-It

The JFS Fix-It Service plays a significant role in allowing older adults to remain safely in their homes. Dedicated volunteers provide free, minor home-safety repairs and modifications, ensuring that older adults can live safely and independently. All repairs are made at no cost to clients. <u>Some</u> supplies that Fix-It volunteers could use for these repairs are:

- Batteries of all sizes (AAA, AA, C, D, 9-volt)
- Carbon monoxide detectors
- Child-proofing door knob covers (for Alzheimer's and dementia clients)
- Door alarms
- Eco-friendly light bulbs
- Handheld showerheads
- Night-lights
- Suction-cup tub mats
- (Winter needs) heaters, electric blankets

Foodmobile

The JFS Foodmobile program has delivered warm kosher meals to San Diego's homebound older adults and younger disabled adults for over 40 years. Volunteers are often the only visitors individuals receive. Please consider donating an item to go along with these older adults' meals that will remind them that they are cared for. Items that you could donate for these folks are:

- Placemats- decorated paper placemats for the older adults to have their meals on
- Cards: handmade or store-bought cards with uplifting messages, such as "Have a wonderful day!"



• Pictures- handmade pictures with cheerful drawings, quotes, etc.

Social & Wellness Centers

Older adults face increasing isolation and loss of creative, intellectual and social stimulation. Sadly, these are the very things that can slow down illnesses like Alzheimer's Disease, which are on the rise for older adults. Consider donating items for art classes that will bring joy and a creative outlet to older adults! Some materials for these art projects that would be appreciated are:

- Art supplies such as stickers, paints, markers, crayons, colorful paper, etc.
- Coloring books

Project SARAH (Stop Abusive Relationships At Home)

If nothing changes, 1 in 4 women and 1 in 7 men will experience physical violence by an intimate partner in their lifetime. JFS supports women and men exiting abusive relationships with counseling and case management. <u>Supply drive items include:</u>

- 1-2 new car seats
- Diapers sizes 3 and up (usually not in stock in our food pantry)
- Baby wipes
- Full size toiletries
- Kids shampoo or soap
- Make-up and pamper packages

Supporting Jewish Single Parents & Jewish BigPals

Being a parent is one of the greatest gifts. But being a parent on your own can have its challenges. Raising children, working, maintaining the household, cooking dinner, and paying bills can seem overwhelming. We help by connected Jewish single parent families to a supportive Jewish community and connecting children to caring adult mentors. <u>Items that support Jewish single</u> <u>parents and youth include</u>:

• Tickets/gift certificates for bowling, ice skating, frozen yogurt, museum tickets, etc.

Supportive Permanent Housing

With funding from the U.S. Department of Housing and Urban Development (HUD), JFS provides permanent supportive housing to 58 formerly homeless men and women with disabilities in Coachella Valley. The program's purpose is to empower these individuals to find and retain permanent housing and overcome financial and functional barriers to success in mainstream society. Staff members conduct extensive outreach and provide intensive case management and supportive services to help clients reach their goals. <u>Supply drive items include:</u>

- Blankets
- sleeping bags
- clothing (socks, t-shirts, undergarments)
- hygiene products (toilet paper, wipes, soap, etc.)
- food items of any kind.

