The Patient Advocacy Program at Jewish Family Service of San Diego is here to help you with any questions or concerns you may have regarding your stay at the STRTP. You have rights, and we can help.

The Patient Advocacy Program is operated by Jewish Family Service of San Diego. If you have questions or concerns about your rights, please give us a call at (619) 282-1134 or (800) 479-2233. If you are in the foster care system and have questions about your rights, please contact us.

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Do You Know Your Rights?

As a resident of a Short Term Residential Therapeutic Program (STRTP) in California, you have the following rights:

You have the right to live in a safe, comfortable home with:
- The ability to visit the facility prior to your admission
- Access to your personal belongings
- Toiletry and personal hygiene products provided to you
- Clothing provided to you, and that you have access to
- Access to visitors during waking hours

You have the right to:
- Be treated with respect
- To possess and use your own cash resources
- To make and receive confidential telephone calls, unless prohibited by a court order (some reasonable restrictions set by the facility may also apply)
- Go to religious services and activities of your choice
- Send and receive unopened mail unless prohibited by a court order
- Have privacy regarding your personal health information unless prohibited by law
- File a complaint

No one can:
- Lock you in any room, building, or facility premises at any time
- Place you in any restraining devices (postural supports may be used)
- Abuse you physically, sexually or emotionally for any reason
- Punish you by physically hurting you for any reason

You have the right to maintain your health. You can:
- See a doctor, dentist, eye doctor, or talk to a counselor
- If you are 12 years old or older, you have the right to information about your sexual health in a way that you understand it—this includes learning about the way sexually transmitted diseases (STDs) and infections are spread and how you can prevent them; how you can prevent pregnancy and what to do if you are pregnant