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SCAN THIS CODE TO GO TO THE HELS WEBSITE AND MAKE AN APPOINTMENT



HIGHER EDUCATION
LEGAL SERVICES
a program of Jewish Family Service



helsimmigration@jfssd.org

Phone (858) 637-3345

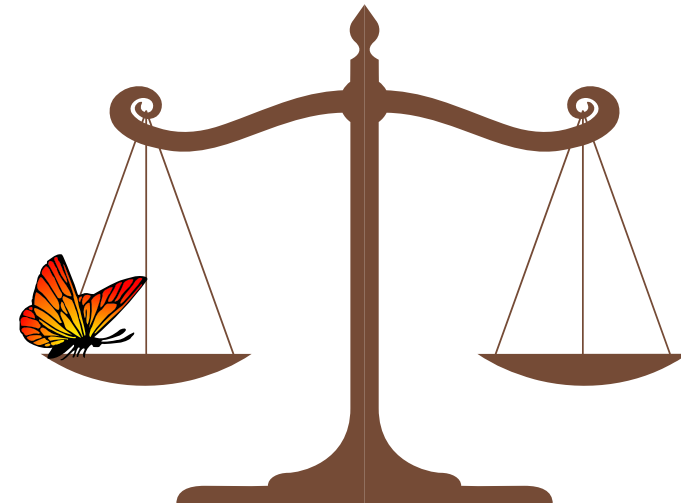
@hels_sd



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YOUR FIRST MEETING WITH HELS

How to prepare, what to expect, and what comes after.



BEFORE YOUR MEETING



- You will receive an email from the HELS Team with details about the meeting and an intake form to complete before the meeting.
- Prepare to be asked about:
 - All entries and exits from the U.S.
 - When and how long you have been outside the U.S.
 - Details of your immigration experience
 - History with law enforcement/courts
- You will be asked to gather some important documents, such as:
 - Any/all past contact with Immigration
 - Any/all past experience with police, courts or criminal background
- You will meet with either an Accredited Representative or an attorney. Our experienced legal team works closely together to analyze your case.

DURING YOUR MEETING



- We will complete a thorough intake to gather as much detail as possible.
- Be sure to schedule plenty of time, the meeting takes about 90 minutes.
- Make sure you have a private space to talk since some of the topics are personal and sensitive.
- We will review:
 - Confidentiality
 - Explanation of HELS services
 - The appointment and intake process
 - Know Your Rights information
- We identify follow up information or documents you need to collect.

AFTER YOUR MEETING



- Once all your documents and information are received by HELS, we review your case with our legal team.
- Next steps are identified and we schedule a follow up meeting with you.
- At our follow up meeting we will explain if you are eligible to file an application for relief. If we have capacity, we will offer to represent you in filing your application.
- Our goals are that you
 - understand your immigration situation,
 - know any relief you may be eligible for, and
 - have information you need to make decisions about your life and your immigration status.



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